

(TMI Focus, Vol. XIX, No. 2, Spring 1997)

MAGICAL MYSTICAL TOURS

by Linda Leblanc

Since 1976, Linda Leblanc—a native of Canada—has had the unique opportunity to travel widely in over thirty countries and live for extended periods in eight. Of course, this situation was ideal for visiting many sacred sites throughout the world, a pursuit which complemented her interests in language, cultures, archaeology, and comparative religion. Linda and her spouse retired to the Eastern Mediterranean island of Cyprus in 1989. In 1994, she attended three TMI residential programs and did a series of six PREP (Personal Resource Exploration Program) sessions in 1995. Here she shares the new dimension Hemi-Sync® training has added to her interaction with sacred places.

Every time I have attended a TMI course, it felt as if I were embarking on a “magical mystical tour.” The unique ambience, the special people, and the group dynamics seemed to provide a setting in which amazing adventures could unfold. The end of each course always found me “revved up” with The Monroe Institute “buzz.” Enhancement of my sensitivities when visiting the sacred places of our planet is another interesting post-course effect of techniques picked up during *GATEWAY*, *GUIDELINES*®, and *LIFELINE*®.

Partially owing to being a member of a United Nations family, I’ve become a seasoned traveler who has logged tens of thousands of miles during the past twenty years. And there has been a distinct change in my responses to places of power since completing the residential courses. Over the years, when visiting sacred spots such as temples, old churches, and ancient tombs, I have encountered certain feelings and experiences. Difficult to describe, these sometimes subtle changes in sensitivity to an environment seem to function at a very deep level. After the three programs, my reactions to certain energy spots became more intense.

Previous visits to stone circles in England enabled me to make comparisons easily during a recent trip to Wales. There was definitely much more openness to whatever energies are present at these mysterious sites. A distinct buzz at the base of my spine and a “light-headed” feeling often marked the presence of something different at certain ones. Placing both hands on the stones conveyed the sensation of a “rocking” motion, accompanied by the feeling that I could disappear into the stone—rather as if it were a gateway to some unknown destination.

I have also been able to contrast before and after experiences in Egypt. It’s been my good luck to visit Egypt twice, once in the early 1980s and again at the end of 1995. On both occasions this enigmatic civilization impressed me deeply. But the 1995 visit was much more startling—due, I believe, to employing Monroe methods. I was “zapped” energetically many times and clearly saw small, darting, green-and-white lights in the Great Pyramid. Unexpectedly and

synchronistically, I also took part in a spontaneous gathering of women meditating in Menkaure's pyramid.

The Philae Temple of Isis near Aswan was the last outpost of the ancient Egyptian spiritual teachings. There, I felt so attuned to the energies at times that my head no longer seemed to have a skull around it. My consciousness seemed to hover outside my physical body. As we departed by boat, I began to cry. The flood of tears was unstoppable. For the next two days I often verged on tears, knowing raw emotion was about to pour forth. Describing this wave of sentiment is difficult. It was neither unpleasant nor sad, rather the contrary. Intuition told me that the tears were the body's way of processing the higher energies tapped into at the temple and cleansing and tuning it to accept the different vibrations. On returning to this temple the following morning, I found it was possible to be there without the overwhelming emotion. It felt easier to tap into the energies—which led to wonderful meditations in the two chambers just off the inner sanctuary.

The energies at these places are very powerful. Even after the lapse of a year, mere exposure to them is continuing to have effects that will be working away for some time. On several occasions a rush of energy has started at the base of my spine and shot up through the chakras. This also happened at the Temple of Queen Hatshepsut (fifteenth century B.C.E.) in the Valley of the Queens near Luxor. This temple is built into the face of the mountain and is considered by many to be one of the great architectural masterpieces of the world. It is superbly integrated with its natural setting. I sensed almost overpowering raw energy coming off the face of the cliff. There was a distinct impression that the pure lines of the temple were a manifestation of the mountain's energy—perfectly balanced and in harmony with it.

My reactions to Egypt and Wales demonstrated to me just how useful the Institute techniques had been in assisting me to connect with the power of sacred places. For instance, nonverbal communication skills helped me to stay focused mentally rather than drift along in a blur. Familiarity with the Monroe framework was like knowing a new language that facilitated communication with different worlds. Thanks to this training, I have been able to experience paranormal forces at a more profound level. This is a valuable skill at this crucial time in humanity's evolution when such forces are especially active.

Hemi-Sync® is a registered trademark of Interstate Industries, Inc.

© 1997 The Monroe Institute